



Temporary Crown/Bridge Instructions

Your temporary crown is meant to cover your tooth and hold a space for your permanent crown. To ensure the success of your temporary staying in place we have created a few guidelines you should follow:

- Avoid chewing anything sticky, chewy, or crunch i.e. Nuts, gum, taffy, or hard breads.
- Avoid chewing on the side of the temporary when possible.
- Continue to clean and brush the area but be gentle when doing so.
- Floss by coming down through the top of the teeth and then remove floss by pulling it out from the side (avoid popping the flossing out the top).

Temporary crowns are made with materials that allow ease of removal when the permanent crown arrives. Should your temporary come off please follow the guidelines below:

- Attempt to slip it back into place. Toothpaste, Fixodent, temporary crown adhesives can be used to help hold the temporary in place.
- If you are unable to position it in place or affix it to the tooth, please notify the office. If your temporary is still intact, please bring it with to your appointment to recement.

Call us if:

- your regular over-the-counter medication does not help with the pain
- the sensitivity persists for several days
- the tooth becomes painful to bite on

If you wear a nightguard to prevent clenching and grinding, or if you have a retainer that you wear, please bring it to your crown delivery appointment.